

BENEFITS OF USING THE DEVICE

Non-invasive: The Sine Dolore menstrual pain relief device is a non-invasive solution for menstrual pain, making it a safer and more convenient alternative to traditional pain relief methods such as medication or surgery.

Comprehensive Pain Relief: The combination of LLLT, EMF, heat, and cutaneous vibration provides comprehensive pain relief and helps to reduce inflammation, promote healing, and stimulate healthy blood circulation.

Convenient and Portable: The device is connected to a smartphone via a wire and does not require charging, making it easy to use on the go.

Customizable: The app allows you to adjust the various modes of therapy according to your preference and comfort level, making it a highly customizable solution for menstrual pain.

Safe and Effective: The device has been designed and tested to be safe and effective, and has been shown to provide significant pain relief to many users.



Sine Dolore

CONTACTS

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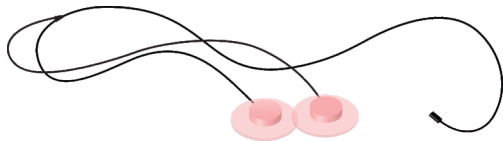
MENSTRUAL PAIN RELIEF DEVICE

USER MANUAL



INTRODUCTION

The Sine Dolore menstrual pain relief device is a non-invasive solution designed to alleviate menstrual pain in women. Menstrual pain, also known as dysmenorrhea, affects a significant proportion of women and can have a significant impact on their quality of life. The device incorporates four key components - low-level laser light therapy (LLLT), pulsed electromagnetic field (EMF), heat, and cutaneous vibration - that work synergistically to provide comprehensive pain relief. The device is connected to a smartphone via a wire included in the set and does not require charging.



HOW THE DEVICE WORKS

Low-level laser light therapy (LLLT) uses low levels of laser light to penetrate the skin and stimulate blood flow, reduce inflammation, and promote healing. LLLT has been shown to be effective in reducing pain and promoting the healing of soft tissue injuries.

Pulsed electromagnetic field (EMF) therapy involves the use of low-frequency electromagnetic radiation to aid in tissue repair and reduce inflammation. EMF therapy has been used for decades to treat a range of conditions, including pain and inflammation.

Heat therapy is a well-established method of reducing pain and improving circulation. The heat generated by the device can help to block pain signals transmitted via nerves, leading to a reduction in pain.

Cutaneous vibration therapy involves the application of low-frequency vibration to the skin. This type of therapy has been shown to have a number of beneficial effects, including reducing pain and promoting healthy blood circulation.



GETTING STARTED

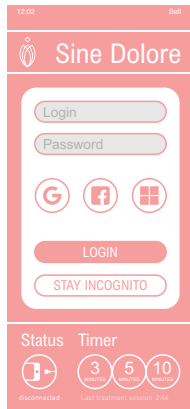
1. Unpack the device and ensure that you have all the components listed in the box. The box should include the device, a wire for connecting to your smartphone, and a user manual.
2. Connect the device to your smartphone using the wire included in the set. The wire should fit securely into the port on the device and the corresponding port on your smartphone.
3. Download the Sine Dolore app from the App Store or Google Play Store. The app is free and available for both iOS and Android devices.
4. Turn on your smartphone and open the Sine Dolore app. The app should automatically detect the device and connect to it.
5. Turn on the device by pressing the power button. The button is located on the side of the device and should be pressed once to turn it on.
6. Place the device on the affected area as directed in the app. The app will provide instructions on where to place the device and how to adjust it for maximum effectiveness.

SINE DOLORE APPLICATION



SINE DOLORE

1. Run installed application



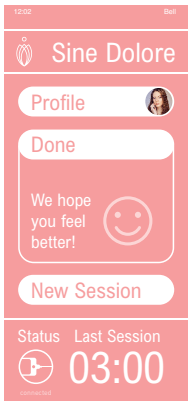
2. User login. Allow you to see your previous session settings and duration. It can be skipped by working offline in incognito mode.



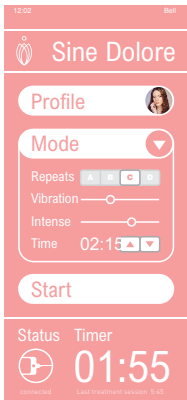


SELECTING MODE

3. Main application screen allows you to set up session parameters and duration.



4. Complete session screen. Show some statistic and allow user to repeat the session if needed.

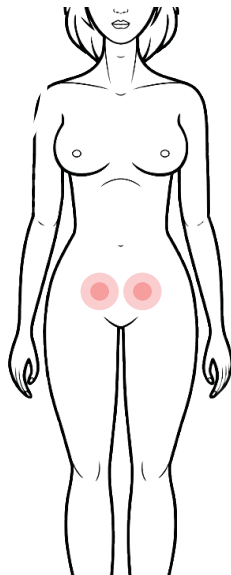


USING THE DEVICE

1. The device should be placed directly on the affected area. It is recommended to use the device from 5 to 25 minutes at a time, up to 3 times a day.

2. The app will guide you through the various modes of therapy - LLLT, EMF, heat, and cutaneous vibration. Each mode can be adjusted according to your preference and comfort level. The app will also provide information on how each mode works and the benefits it provides.

3. The device should not be used over open wounds, infections, or malignant tissues. If you have any concerns about the safety of using the device, consult your healthcare provider.





USING THE DEVICE

4. Do not use the device while taking a bath or shower. The device is not waterproof and should be kept dry at all times.
5. If you experience any discomfort or adverse effects while using the device, stop using it immediately and consult your healthcare provider. Some people may experience mild side effects such as redness, itching, or tingling at the site of application, but these should disappear within a short period of time. If you experience any severe or persistent side effects, stop using the device and seek medical attention.



CLEANING AND MAINTENANCE

1. Clean the device regularly with a dry cloth. Dust and debris can accumulate on the device over time, and regular cleaning will help maintain its performance and extend its lifespan.
2. Do not use water or any cleaning agents on the device. Water and cleaning agents can damage the device and compromise its performance.
3. Store the device in a cool, dry place when not in use. Avoid exposing the device to extreme temperatures or humidity, as this can also damage the device.
4. The device should be serviced by a qualified technician if it is damaged or not functioning properly. If you experience any issues with the device, contact the manufacturer for assistance.